

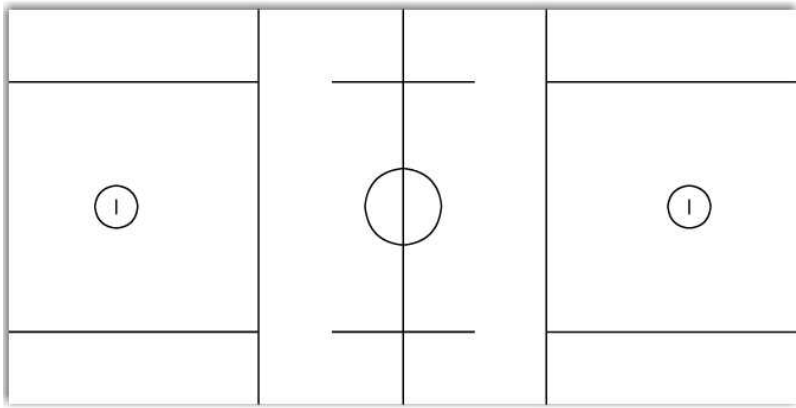


Date: 06/09/12 **Group:** _____
Length: 45 mins
Start Time: 7:00pm **Focus:** Skill Development
End Time: 7:45pm **Level:** _____

Length	Start	Drill Name	Category	Notes
10	7:00pm	Warmup	Warmup	
10	7:10pm	Passing Routine	Passing	
10	7:20pm	2 on 1 Ground Balls	Competitive	
10	7:30pm	Transition 3 v 2 Initiate from X	Competitive	

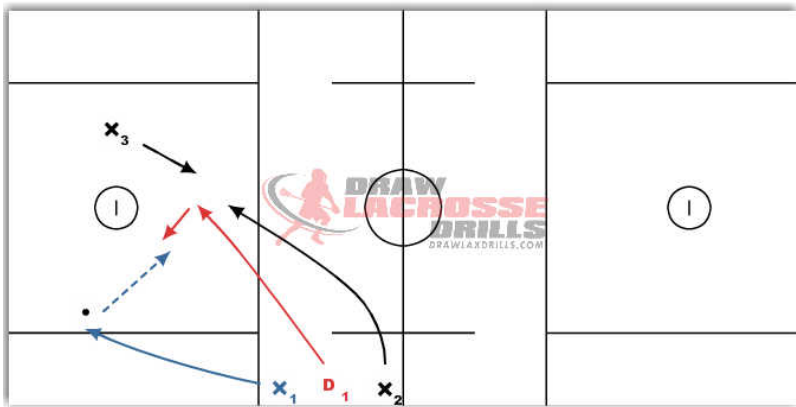
Notes:

Drill Title: Passing Routine (1 Diagram)



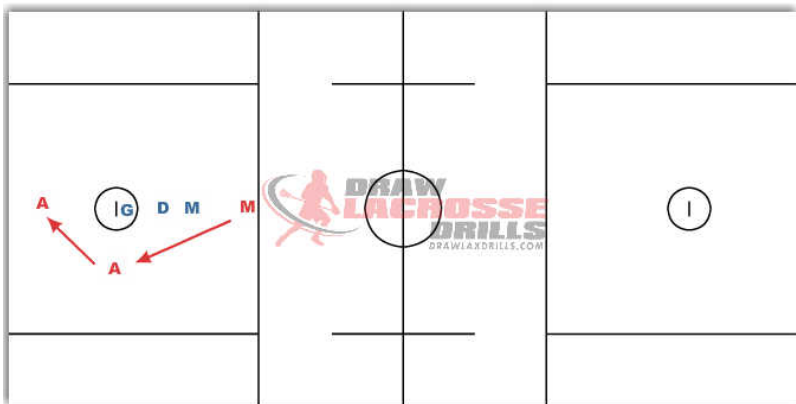
Key Points:

Drill Title: 2 on 1 Ground Balls (1 Diagram)



Key Points:

Drill Title: Transition 3 v 2 Initiate from X (1 Diagram)



Key Points: